

PATIENT CONFIDENTIALITY

We take patient confidentiality extremely seriously and have systems in place to protect all personal data. All patient records are stored securely. We do not release information to a third party without your permission, unless the information is required by Law. A copy of the Staff Confidentiality Code of Conduct and the Practice Data Protection Code of Practice for Patients may be obtained on request, along with information about your rights to view your own records.

APPOINTMENTS

Appointments will be made with the appropriate team member (Orthodontist/Orthodontic Therapist/ Dental Care Professional). You will receive a text message prior to your appointment to confirm the date and time (subject to you providing consent). **Missed appointments** result in unused clinical time that could be used by other patients. We ask that if you are unable to attend your appointment, you give us as much notice as possible (at least 24- hours). If you cancel an appointment, on more than one occasion, with less than 24-hour notice, we may no longer be able to offer you NHS treatment. We will of course take any special circumstances into account. We may still be able to offer private orthodontic treatment, but will require a non-refundable deposit.

DISABILITY

Our treatment areas are accessible by wheelchairs users. If you have any disability that you think we need to know about, including any communication issues i.e. sight or hearing, please contact us before your appointment and we will do our best to put suitable arrangements in place to accommodate your needs.

VIOLENCE

Patients who are violent or abusive to our team, other patients or anyone else on the Practice premises, will be refused treatment and reported to the appropriate authorities.

PRACTICE POLICIES

Copies of the practice policies on Infection control and complaints are available on request from the practice manager (Dianne Collins).

LANGUAGE

English is the spoken language at the Practice. An audio version of this leaflet is available on our website.

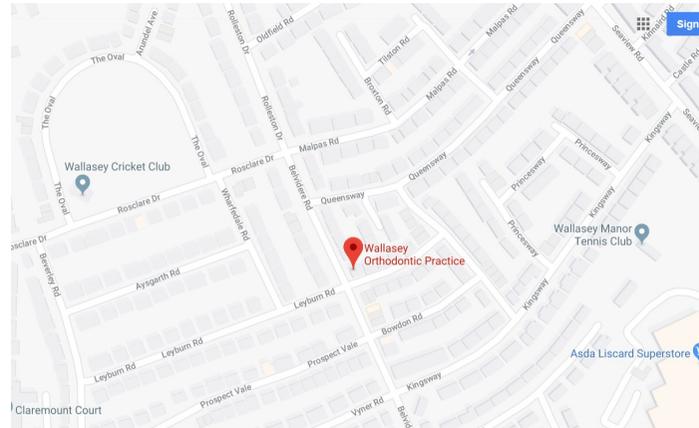
CAR PARKING

There is no dedicated parking for the Practice but there is however adequate parking available on Belvidere Road.

PAYMENT

We accept the following methods of payment at the Practice:

- Cash
- PayPal
- WorldPay
- Credit/ debit cards
- Cheques payable to Wallasey Orthodontics



*W*allasey
ORTHODONTICS

Monday 08:30 - 20:00
Tues-Thurs 08:30 - 17:00
Friday 09:00 - 12:30

Out-of-hours - Revive Dental Care - 0161 476 9651

Phone: 0151 630 6345

E-mail: braces@wallaseyorthodontics.co.uk

www.wallaseyorthodontics.co.uk

Information for Patients

*W*allasey
ORTHODONTICS
Embrace your smile



Tel: 0151 630 6345

Email: braces@wallaseyorthodontics.co.uk

Web: www.wallaseyorthodontics.co.uk



Before



After

Orthodontics is the branch of dentistry concerned with the growth of the teeth, jaws and face, and is in high demand.

Why? Orthodontic treatment is about making the best of your teeth; it's about improving the harmony of your mouth and jaws. And your smile will benefit immensely!



What does it involve? Treatment involves wearing a brace, which comes in metal, tooth-coloured and lingual appliances, which are hidden behind the teeth. There are also removable braces and clear removable aligners.

Extractions/Elastics Sometimes extractions are required. We only request extractions if there is no alternative. Sometimes elastics are valuable to improve the bite, and reduce the need for extractions. If you do not wear your elastics, we may have to resort to extractions instead.

Retainers After removing the brace, you will be given retainers. The retainers will either be gumshields to wear on a night or glued to the back of your teeth. Without retainers, the teeth will move.



Duration. Braces are usually worn for one to two years.

Appointments are usually every two months once the braces are fitted. All appointments are during school hours, so please make sure you let your teacher know and arrange to catch up with any missed work.

Risks Tooth roots get shorter during treatment and there is a very small risk to the vitality of the teeth as a result of braces. Sometimes, we may not recommend treatment where the gain is minimal and the risks outweigh the benefits.

Toothbrushing and diet is really important. Your teeth should be spotlessly clean and fizzy drinks/ sweets must be kept to an absolute minimum. Patients who don't brush well, usually, end up with decay or white/brown marks on their front teeth after treatment, as a direct result of plaque and sugar in the diet.

Commitment. Wearing braces is a big commitment. The whole family should be aware of the input required. If you cannot commit, you really shouldn't start. Treatment.

Your first visit. We will confirm and complete all your details including a medical history form. You will meet one of our team who will ask you how you feel about your teeth. We will then carry out a detailed examination which allows us to gain an understanding of your teeth and bite.

Do I have to pay? If you are under 18 and referred through the NHS referral system and your dentist feels you are an appropriate candidate for braces there is no assessment fee. If you fall below the NHS threshold but would still like braces charges will apply. Charges apply for over 18's and patients referred outside the NHS system.

We provide NHS treatment for under 18's who are referred by their dentist through a central referral system and private care for adults and children who may contact the practice directly. NHS treatment, in a practice like ours, is limited to patients under 18 who have a determined need for treatment using the Index of Orthodontic Treatment Need (IOTN) tool, are highly motivated and have excellent dental health and oral hygiene.

How we do it

There are a number of different ways we can change your smile and straighten your teeth. For children,



sometimes removable braces are perfect to achieve correction of the bite when the teeth stick out. Other times fixed braces are most appropriate to get the best result. The NHS covers the cost of metal braces which work well and are very efficient.

For our adult patients and self-conscious teens we can also provide cosmetic

appliances privately. This means the brace can be tooth-coloured, hidden behind the teeth (lingual) or designed as a clear removable aligner



(Invisalign). Treatment options will be discussed and once you have made your informed decision you will be



given a written plan, a quotation for any costs and the statement of manufacture (if appropriate). If you require any further information please speak to one of the team.